



ANNADAN

OFFERING A TASTE OF HINDU CULTURE

Vishva Hindu Parishad of Australia Inc. (World Hindu Council) invites you to share a Hindu Vegetarian feast of authentic Indian home cooked food.

Annapurna is the Hindu goddess of food and cooking.

She is an incarnation of the Hindu Goddess Parvati, the wife of Shiva.

As Annapurna, Parvati provides food to Shiva that gives him the energy (Shakti) to achieve knowledge and enlightenment. Annapurna also symbolises the divine aspect of nourishing care.

Similarly, a good Hindu should cook to provide their guests with the energy to best follow their destiny. When food is cooked with a spirit of holiness, it becomes alchemy.



Mata Annapurna

First Saturday of each month @ 12 pm

Clarence Park Community Centre

72-74 East Ave, Black Forest SA 5035



**Register early as
limited places
available**

Contact:

Daya: 0469 570 186; Deepti: 0428 174 699; Community Centre: 8293 8166

